In the Claims:

Please amend claims 16, 18, 20, 23, and 24 as follows:

16. (Amended) A nutritional or dietary composition comprising: approximately 0.1 to 10 dry weight percent solid, dried, viable bacteria approximately 2.5 to 20 dry weight percent dried, non-living yeast, and approximately 25 to 98 dry weight percent protein concentrate.

18. (Amended) The composition of claim 16, wherein the viable bacteria [istare selection from the [group] genera or species consisting of [Lactobacilli strains] Lactobacillus, [Streptococci strains] Streptococcus, [Pedicocci strains] Pediococcus, [Leuconostoc strains] Leuconostoc, and [Propionibacterium shermanni] Propionibacterium freudenreichii shermanii.

20. (Amended) The composition of claim 16, wherein the protein concentrate is selected from the group consisting of whey <u>protein concentrates</u>, animal <u>protein concentrates</u> and soy protein [isolates] <u>concentrates</u>.

In claim 23, line 1, please replace "23" with --22

In claim 24, line 1, please replace "23" with --22-